

# *Sal's* *Italian Restaurant*

[www.salsinroanoke.com](http://www.salsinroanoke.com)

Catering Available



*3940 Valley Gateway Blvd.*

*(at Kroger Square in Bonsack)*

*Roanoke, VA 24012*

*540-904-7767*

*540-904-7781*

*Restaurant Hours*

*Sunday — Thursday*

*11:00am - 9:00pm*

*Friday — Saturday*

*11:00am - 10:00pm*

## Appetizers

*Bruschetta Napoletano* ..... \$6.99

*Tomatoes, roasted peppers, basil and garlic, drizzled with olive oil, spices and parmesan cheese.*

*Fried Calamari* ..... \$8.99

*Served with your choice of hot or mild marinara sauce on the side.*

*Mozzareall Caprese* ..... \$7.99

*Fresh sliced tomatoes with fresh mozzarella cheese olive oil, fresh garlic, basil and oregano*

*Mussels* ..... \$8.99

*Mussels sautéed in a light marinara sauce with fresh basil.*

*Or sautéed in a white wine lemon butter sauce.*

*Stuffed Mushrooms* ..... \$7.45

*Garlic Bread* ..... \$3.50 ..... *with Cheese* ..... \$3.99

*Garlic Knots (12)* ..... \$4.49

*Mozzarealla Sticks* ..... \$6.99

*Bruschetta al Granchio* ..... \$9.99

*Toasted Italian bread topped with fresh chopped tomatoes, garlic, roasted peppers, basil, capers, spices, olive oil, crab meat, & fresh mozzarella*

## Salads

*House Salad* ..... \$5.99

*A mix of fresh greens topped with ham and mozzarealla cheese*

*Grilled Shrimp Salad* ..... \$10.49

*A mix of fresh greens topped with jumbo grilled shrimp, served with your favorite dressing*

*Chicken Salad* ..... \$8.99

*A mix of fresh greens topped with grilled chicken strips, served with your favorite dressing*

*Antipasto Italiano* ..... \$10.49

*Mixed greens, salami, proscitto, provolone, roasted peppers, artichoke hearts, black olives, marinated vegetables & fresh mozzarealla. Served with Garlic Knotts.*

# Hot & Cold Sandwiches

*All sandwiches are served with chips and a pickle*

<i>Cheese Steak Hoagie (served with lettuce, tomato &amp; mayo)</i> .....	<i>\$7.49</i>
<i>Cheese Steak Hoagie (Mushrooms, onions and peppers)</i> .....	<i>\$7.99</i>
<i>Italian Sub (Ham, salami, provolone, italian dressing, lettuce &amp; tomato)</i> .....	<i>\$6.99</i>
<i>Chicken Parmegiana</i> .....	<i>\$7.99</i>
<i>Eggplant Parmegiana</i> .....	<i>\$7.99</i>
<i>Meatball Parmegiana</i> .....	<i>\$7.49</i>
<i>Pizza Steak</i> .....	<i>\$7.49</i>

## Pasta

*Your choice of pasta:*

*Penne, Spaghetti, Linguine, Fettucine, Angel Hair or Rigatoni*

<i>Pasta with Tomato Sauce</i> .....	<i>\$9.99</i>
<i>Pasta with Meat Sauce</i> .....	<i>\$11.49</i>
<i>Pasta with Meatballs</i> .....	<i>\$11.49</i>
<i>Pasta alla Funghi</i> .....	<i>\$11.49</i>
<i>Fresh Mushrooms in a pink creamy sauce.</i>	
<i>Cheese Ravioli</i> .....	<i>\$11.49</i>
<i>Pasta alla Pic Pac</i> .....	<i>\$11.49</i>
<i>Pasta served in a garlic marinara sauce with parmesan cheese, basil and melted mozzarella.</i>	
<i>Topped with vicotta salata.</i>	
<i>Pasta alla Vodka</i> .....	<i>\$11.99</i>
<i>Pasta served in a pink creamy Vodka sauce, Prociutto and onions.</i>	
<i>Fettucine Alfredo</i> .....	<i>\$12.99</i>
<i>Fettucini pasta in a permesan cheese sauce.</i>	
<i>Pasta Vesuvio</i> .....	<i>\$11.49</i>
<i>Pasta in a pink creamy beef sauce with parmesan cheese and fresh basil.</i>	

*Pasta Montesina* ..... \$12.99

*Pasta served in a fresh marinara sauce with mushrooms, sun dried tomatoes, artichoke hearts, fresh basil and parmesan cheese. Topped with ricotta salata.*

## Baked Pasta

*Manicotti* ..... \$10.99

*Stuffed Shells* ..... \$10.99

*Homemade Meat Lasagne* ..... \$12.49

*Prepared with mozzarella cheese, parmesan cheese, ground beef and fresh tomato sauce.*

*Baked Penne* ..... \$11.49

*Penne pasta baked with fresh tomato sauce, ricotta, mozzarella and parmesan cheese.*

*Eggplant Parmigiana* ..... \$12.99

*Baked eggplant with tomato sauce, mozzarella and parmesan, served with a side of pasta*

## Pizza, Calzone & Stromboli

*Jumbo 16" Medium 12" Sicilian 16" Small 10"*

*Cheese Pizza* ..... \$12.49    \$10.49    \$13.99    \$7.99

*N.Y. Grandmother's Pizza* ..... \$12.99    \$10.99    \$14.99    \$8.49

*Each Extra Topping* ..... \$2.25    \$1.99    \$2.25    \$1.00

## Toppings

*Anchovies, Bacon, Banana, Peppers, Beef, Black Olives, Extra Cheese, Fresh Garlic, Onions, Green Peppers, Broccoli, Green Olives, Sun Dried Tomatoes, Roasted Red Peppers, Spinach, Ham, Meatballs, Mushrooms, Pepperoni and Italian Sausage*

*Bruschetta Pizza* ..... \$17.99    \$16.99    \$18.99    \$12.99

*Made with fresh tomatoes, garlic and basil. Then drizzled with olive oil and tomato sauce loaded with mozzarella cheese.*

*Sal's Meat Lovers* ..... \$19.99    \$16.99    \$20.99    \$12.99

*Pepperoni, Italian Sausage, Bacon, Ham, Beef and Meatballs.*

*Margherita*.....\$14.99 \$12.99 \$15.99 \$10.99

*Fresh marinara sauce, fresh mozzarella and fresh basil.*

*Veggie Pizza*.....\$18.99 \$17.99 \$19.99 \$11.99

*Broccoli, peppers, onions, olives, mushrooms and fresh tomatoes.*

*Sal's White Pizza*.....\$18.99 \$16.99 \$20.99 \$11.99

*Broccoli, spinach, ricotta, mozzarella cheese, fresh garlic and fresh tomatoes*

*Sal's Special (any 6 toppings)*.....\$19.99 \$17.99 \$20.99 \$12.99

*Sal's Deluxe (any 10 toppings)*.....\$21.99 \$19.99 \$22.99 \$13.99

*Plain Calzone*.....\$7.99

*Ricotta and Mozzarella cheese, each additional topping \$0.50*

*Chicken or Steak Calzone*.....\$9.99

*Veggie Stromboli*.....\$9.49

*Broccoli, Mushrooms, Spinach, Mozzarella, Garlic and Tomato Sauce*

*Regular Stromboli*.....\$9.49

*Pepperoni, Sausage, Green Peppers, Onions, Tomato Sauce and Cheese*

*Chicken or Steak Stromboli*.....\$10.99

## *Chicken*

*Your choice of pasta:*

*Penne, Spaghetti, Linguine, Fettucine, Angel Hair or Rigatoni*

*Chicken Parmigiana*.....\$14.99

*Breaded chicken cutlet baked with tomato sauce and melted mozzarella, served with a side of pasta*

*Chicken Piccata*.....\$15.99

*Chicken breast with fresh mushrooms sautéed in butter, lemon and white wine sauce, served over pasta.*

*Chicken Marsala*.....\$15.99

*Chicken breast sautéed with fresh mushrooms in a Marsala wine sauce served over pasta*

*Chicken Contadina* ..... \$17.99

*Chicken breast sautéed with artichoke hearts, portabella mushrooms and roasted red peppers in garlic and white wine lemon sauce.*

*Chicken Delizioso* ..... \$17.49

*Portabella mushrooms, roasted red peppers, sun dried tomatoes and fresh spinach in Mederia wine sauce, topped with melted mozzarella, served over pasta.*

*Chicken Cacciatore* ..... \$16.49

*Chicken breast sautéed with fresh mushrooms, onion and green peppers in cacciatore sauce*

*Chicken ala Chef* ..... \$17.99

*Chicken breast and jumbo shrimp topped with lump crab meat in pink marinara sauce*

*Chicken Alfredo* ..... \$15.49

*Chicken cubes in a creamy parmesan sauce served over fettucine*

*Chicken Francese* ..... \$15.99

*Chicken cutlet lightly battered in a white wine, lemon and butter sauce, served over pasta.*

*Chicken Saltimboca* ..... \$16.99

*Chicken breast sautéed in Marsala wine topped with prosciutto, fresh spinach, mushrooms, mozzarella and tomato sauce, served over pasta.*

## *Veal*

*Your choice of pasta:  
Penne, Spaghetti, Linguine, Fettucine, Angel Hair or Rigatoni*

*Veal Marsala* ..... \$17.49

*Veal cutlet sautéed with fresh mushrooms on a Marsala wine sauce, served over pasta*

*Veal Piccata* ..... \$17.49

*Veal cutlet with fresh mushrooms in butter, lemon and a white wine sauce, served over pasta*

*Veal Saltimboca* ..... \$18.49

*Veal cutlet sautéed in Marsala wine topped with prosciutto, fresh spinach, mushrooms, mozzarella and tomato sauce served over pasta. A side of pasta.*

*Veal Parmigiana* ..... \$16.99

*Breaded veal cutlet baked with homemade tomato sauce and melted mozzarella, served with side of pasta*

*Veal Contandina* ..... \$18.99

*Veal cutlet sautéed with artichoke hearts*

## Seafood

*Linguine alla Vongole* ..... \$13.99

*Linguine pasta with a red or white clam sauce*

*Calamari Marinara or Arrabiatta* ..... \$16.99

*Lightly breaded, fresh calamari with choice of mild or hot marinara sauce, served over spaghetti*

*Shrimp Alfredo* ..... \$18.49

*Shrimp or scallops in a creamy parmesan sauce served over fettucine*

*Shrimp Marinara or Arrabiatta* ..... \$18.49

*Shrimp or scallops simmered in marinara sauce with or without hot spices, served over linguine*

*Shrimp or Scallops Scampi* ..... \$18.49

*Shrimp or scallops simmered in fresh garlic, butter, white wine and lemon sauce served over linguine*

*Zuppa Del Pescatore* ..... \$19.99

*Clams, shrimp, mussels, scallops and calamari in a light marinara sauce, served over linguine*

*Crab Ravioli* ..... \$18.99

*Ravioli stuffed with crab meat topped with jumbo shrimp and lump crab meat in pink marinara sauce*

## Children's Menu

*Your choice of pasta:*

*Penne, Spaghetti, Linguine, Fettucine, Angel Hair or Rigatoni*

*Pasta with Meat Sauce* ..... \$5.99

*Pasta with Meatball (1)* ..... \$5.99

*Pasta with Tomato Sauce* ..... \$5.99

*Pasta with Butter* ..... \$5.99

*Cheese Ravioli* ..... \$5.99

*Lasagna* ..... \$5.99